Parents Evening

Helping your child achieve their best

5th year

3rd September 2019

Career Guidance

Study Skills and Tips

Other Information

Questions & Discussion



The Guidance Department Annette Tierney & Trudy Carroll

Life after school

Apprenticeship (Level 5 up)

PLC (Level 5 & 6)

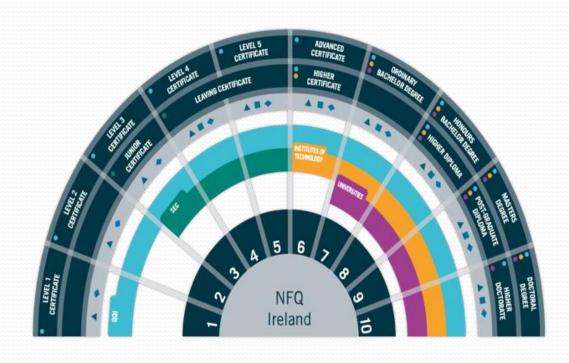
IT (mainly degree 7 & 8,some 6)

University (Level 7 &8)

Work

Year out

Study abroad (UK – UCAS,EU – Eunicas)

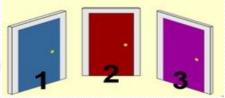


Focus on IT & University Entry

CAO

- The national database for sorting students' college applications.
- Each student fills in their own CAO application in 6th year, choosing the courses they are most interested in, in order of preference.
- In August, the CAO offer places if the student meets 3 criteria.

3 criteria or, the 3 doors

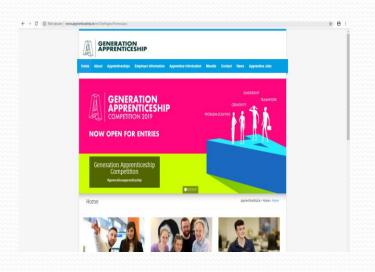


Check out Qulaifax!

- Minimum Entry Requirements: Uni H5 in 2 subjects and grade O6 or H7 in 4 subjects. IT O6 or H7 in 5 subjects. NUIs generally require a third language. UL does not. T.C.D. only requires English, Maths, and Irish or a third language. You must check requirements for each specific course.
- Subject Specific Requirements ((BA Journalism & New Media, UL H4 English) (Mathematical Science, NUIG, O1/H5 Maths) (Religion & English Lit., TCD H4 English)
- O **Points requirement:** Courses are awarded to those who meet the above criteria but then it comes down to the students with the highest overall points.

Focus on Apprenticeships

• First step, visit: <u>www.apprenticeship.ie</u>

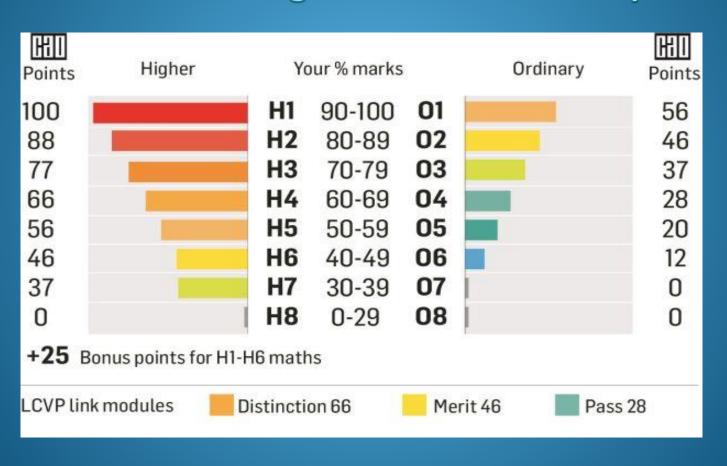


• Apprentice Registration

"To begin an apprenticeship, an applicant must be employed by an approved employer. To be eligible, the applicant must be at least 16 years of age and have a minimum of grade D in any five subjects in the Junior Certificate or equivalent. However, higher educational qualifications and other requirements may be sought by employers. Click for further information on individual apprenticeships. For entry to some apprenticeships, applicants are required to undergo a SOLAS-approved colour vision test."

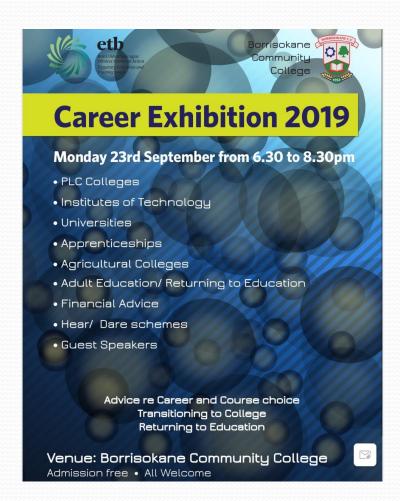
- A few courses require a student contribution.
 Most courses, costs covered by Dept of Ed/Employer
- Courses run through local ETBs
- Generally a 4 year training programme

The Leaving Certificate Points System



Open Days

- Careers Exhibition at Borrisokane CC Monday 23rd September – a wonderful opportunity to liaise with various colleges etc from all over Ireland.
- Thurles ETB open day Friday 4th October.
- Athlone IT open day Friday 18th October
- UL Open Days take place on Thursday, October 17 and Friday, October 18, 2019.
- Limerick Institute of Technology Autumn Open Days 2018 will take place at the Moylish and Clare Street, Limerick campuses on Thursday 18th October and Friday 19th October from 9.30am – 2.00pm
- https://www.qualifax.ie/ on the Qualifax home page you will see an events calendar of all open days throughout the year.
- All students are advised to sign up to the careersnews.ie newsletter as they provide information on the jobs sector, study tips and new courses throughout the year plus much more.



What does the Guidance Dept. provide?

Develop research tools and skills to cater for a variety of interests.



1 class per week: CAO, PLC, Apprenticeships, studying abroad (UCAS & EUNICAS), Labour Market Trends, Budgeting, Personality & Career Interest Tests.



1 to 1 meetings: Personal interests & hobbies, School results, Aptitude tests, Family background and interests.

Study Skills & Tips

Year Head Ms Maher

Improving Study Skills for Leaving Cert

- Set SMART goals
- Manage your time well
- Concentrate and be organised
- Improve your reading, note-taking and memory
- Revise well
- Cope with stress
- Believe!

Set SMART Study Goals!

- <u>S</u> (Specific) Don't have your target as 'study topic for 40 minutes' instead be specific 'Revise 2 characteristics and read notes on them three times'
- <u>M</u> (Measure) Measure your progress towards your goal use a revision checklist for each subject and tick off each topic as you study/revise it!
- <u>A</u> (Action-related) Break down your study goal into a set of specific tasks, e.g. background reading of research material, draw up essay plan, complete essay
- **R** (Realistic) Don't set goals you are unlikely to be able to achieve it will only discourage you! Be realistic with your time!
- <u>T</u>(Time-Based) Always time your study tasks working back from the deadline!

What is Good Study?

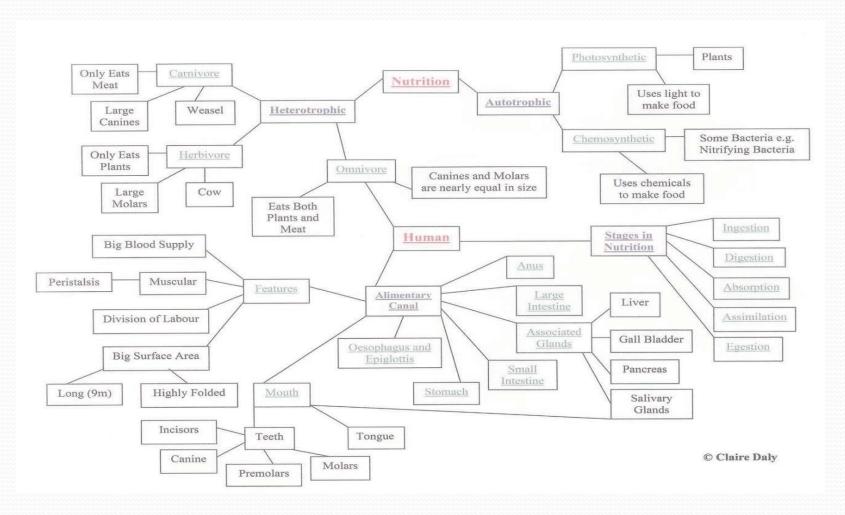
Active – work with a pen and paper, look for key points, test yourself! Focus on tasks not the amount of time you sit at your desk!

Organised – What do I want to have completed in this session?

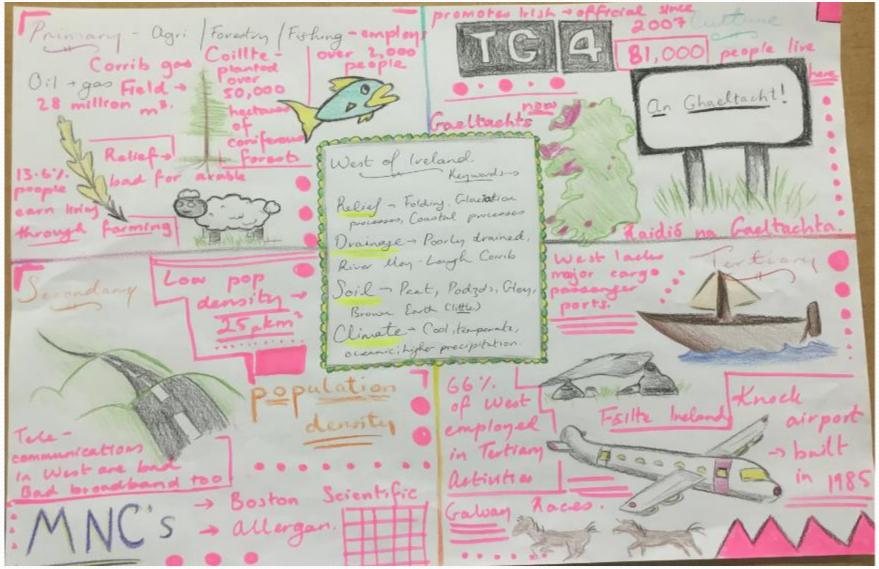
Aimed at Understanding – Build on what you already know! Use graphic examples, mind maps and illustrations for you to remember! Try and explain it to others – you will know then whether you really understand it!

www.studyskills4success.ie - time management tips, free revision plan downloads

A Mind Map for Biology Topic



A Placemat for a Geography Topic



Managing time well

Weekdays:

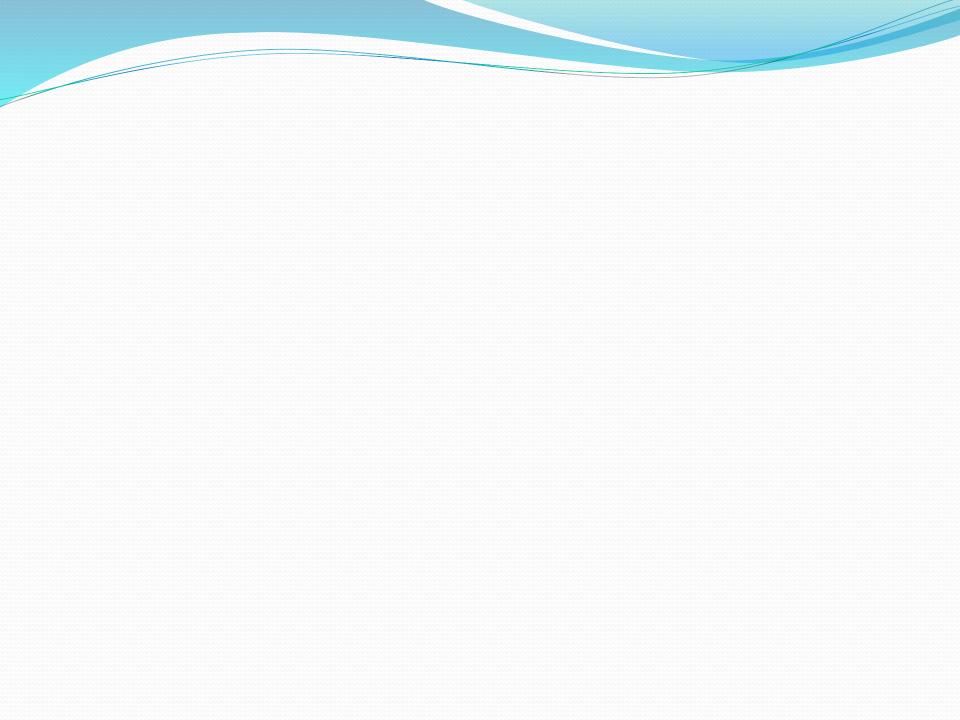
Plan a routine, have a study plan, create a definite time and area for study and stick to it!

• Weekends:

Time review and revise the week's topics, start Friday, use Saturday for rest and recreation and revise again on Sunday and get prepared for Monday morning

Some other points –

- Attendance/Punctuality/Assembly
- Appointments outside of school if possible
- Signing Out
- Study and after school study
- Homework
- Cars
- Uniform
- Lunch Pass to go home for lunch



Projects – Start in time.

- Geography
- History
- Construction Studies
- Home Economics
- Design & Communication Graphics
- Engineering
- Agricultural Science
- Art
- LCVP

Outside School Activities Can you afford the time??? Balance

Sport

Work

Socialising

Holidays

Eportal

- School System to record student information
 - Timetable
 - Attendance
 - Calendar of School Activities/Events
 - Positive Comments
 - Behaviour Record
 - Examination Results

Monthly assessments on Eportal. Teacher and student set target and compare achievement to target each month.

- Log on details sent to parents username and password. If log in details lost contact school and we can email them to you.
- Log on from school website <u>www.borrisokanecc.ie</u>
 - Link to Eportal at top of Home Page.

Data Protection

Eportal

Reports to Student.

Final Word what can we do to help?

- Allow/ Encourage the dream
- Facilitate Research
- Inform yourself
- Support and Encourage
- Praise
- Encourage short study breaks to improve concentration
- Leaving Cert is similar to a marathon very important that the student is at their peak in June 2021.
- Ultimately decisions are student's own allow them to take responsibility.
- Help your child set short term goals and build on them.

